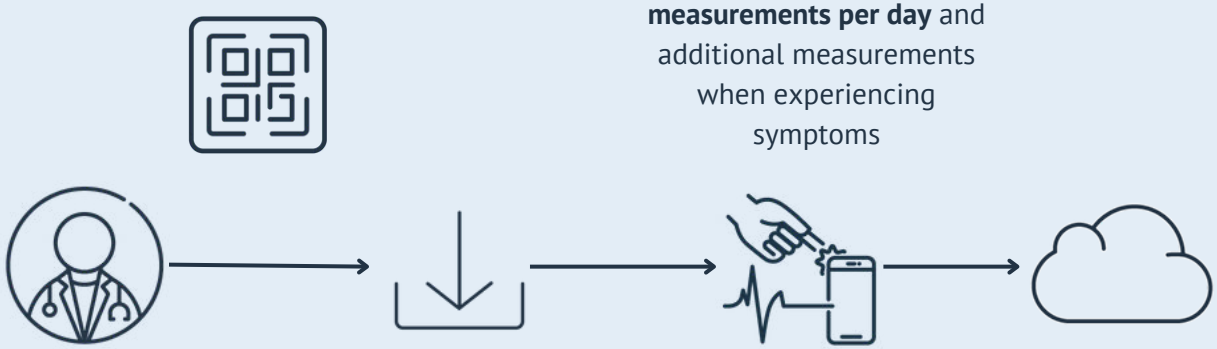
FibriCheck®

NHS Mid and South Essex NHS Foundation Trust

Transforming post-AF ablation follow up pathway using FibriCheck



Staff provides FibriCheck invitation for **remote follow-up**, prior to consultation, on:

- heart rate
- heart rhythm
- symptoms

Patients **download** the FibriCheck app and activate the access code

Instant, secured data transfer

No relevant findings?
No action required

Relevant findings?
Intervention as appropriate

147 patients onboarded, with AF recurrence in 39 patients (26.5%)[1]

Estimated avoidance of 147 ECGs and 55 seven-day Holter ECGs

Estimated net savings of £19,040 and 73.5 outpatient clinic hours

1.Toora et al., 2023, Transforming our post-atrial fibrillation ablation follow up patient pathway using FibriCheck: A smartphone digital app used for remote monitoring